



## Skodsborg Kurhotel & Spa is like balm for body and mind

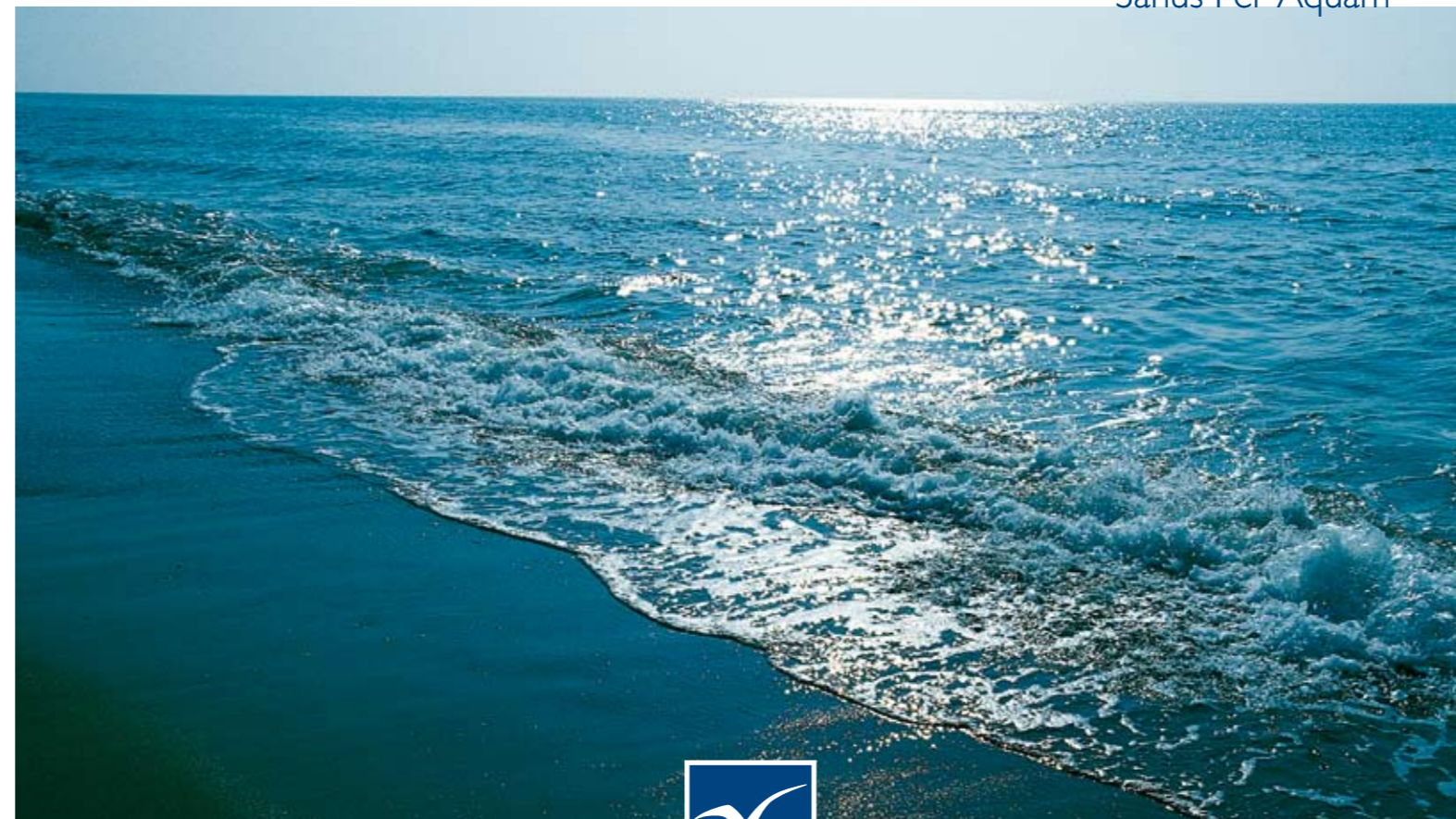
Skodsborg Kurhotel & Spa is a modern hotel with restaurant, conference centre as well as Health and Spa facilities. The hotel is situated in beautiful and picturesque surroundings with a glorious view of the Sound on one side and with Copenhagen's Royal Deer Park on the other. An oasis of peace and quiet and yet only 20 minutes' drive from Copenhagen (40 minutes with direct train to CPH Airport).

Visit Skodsborg as a hotel guest or just pamper yourself with a Health, Kur or Spa break that gives you time to relax, reflect, revitalize and rejoice. Skodsborg offers wide choices of relaxing treatments, culinary experiences and refreshing activities under the careful instruction of professional staff.

Skodsborg Kurhotel & Spa is officially certified as a Health Spa and is also a member of the International Spa Association.

The enchanting historical buildings, which add to the romantic and warm atmosphere, create an unforgettable experience. King Frederik the VII and Countess Danner preferred to stay at Skodsborg and this is how Villa Rex came to be. It was built for the State Council meetings and banquets. You instantly feel the stately ambience and the respect for the historical buildings.

Sanus Per Aquam



## Skodsborg Kurhotel & Spa



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As a guest you will always feel happier, healthier or generally much better - after a visit to Skodsborg

## Welcome to Skodsborg

The Classic “Kur” Stay focuses on health, body and soul and is typically a longer visit, e.g. one to two weeks. Skodsborg offers culinary experiences, massage, physiotherapy, medical consultation, gymnastics or other types of team activities. Relax in the swimming pool area with Jacuzzi, steam bath and sauna. Or enjoy a walk in Copenhagen’s Royal Deer Park or along the beaches of the Sound.

The Modern Spa Break is luxurious pampering for a couple of days, a weekend or as long as you like. You enter a dream world of essential oils and aromatic perfumes, cleansing Spa baths, relaxing massages, exclusive swimming facilities and culinary masterpieces.

A Spa break can also be offered as a group arrangement for friends, family or colleagues. In addition, you can experience a “Spa day at Skodsborg”.

Please contact Skodsborg Kurhotel & Spa for further information - telephone +45 45 58 58 00.



It's like being in a dreamworld with essential oils and aromatic fragrances



## Time to relax, reflect, revitalize and rejoice

### Skodsborg Spa & Kurklinik (Spa Clinic)

Skodsborg Spa & Kurklinik offers face, body and Spa treatments, such as: Aroma therapy, Spa baths with Hungarian salt crystals, body wrappings with 20,000-year-old Hungarian mud, body massages with essential oils, refreshing facials and more.

### Skodsborg Vigør Center (Fitness Centre)

All overnight guests have access to Skodsborg Vigør Center which offers a variety of refreshing fitness activities with professional instructors, a large well-equipped training centre with swimming pools, Hydro Spa Pool, steam bath, sauna and opportunity for personal training etc.

### Restaurant Frederik & Louise

All guests enjoy their meals in Skodsborg's famous five star restaurant Frederik & Louise. The food is homemade with the most exquisite, healthy and nutritious ingredients and is very tasteful.

Welcome to a kitchen with an “attitude” you can taste.



King Frederik the VII bought the estate “Skodsborg” in 1852. State councils and royal functions took place in Villa Rex, which was built in 1857.



## Choose an exciting and different meeting place - and pamper your body, mind and soul

### Functions and banquets

The royal and historical surroundings in Villa Rex create the perfect setting for festive or private functions such as wedding receptions, birthday parties, anniversaries and the like. The food is prepared and delivered by the five star restaurant Frederik & Louise.

### Conferences

Skodsborg Kurhotel & Spa also creates a unique setting for seminars, conferences or meetings.

At Skodsborg there are numerous possibilities for combining conferences with culinary experiences, relaxing Spa treatments or refreshing health/fitness activities.

Focus is on the participants' personal well-being, which results in increased concentration and more energy to participate actively in the meetings.

Please contact our conference staff for further information.